



WINGSPREAD

JOINT BASE SAN ANTONIO-RANDOLPH

No. 49 • DECEMBER 20, 2013

JBSA-Randolph
wishes
Happy Holidays

INSIDE ... HOLIDAY SAFETY MESSAGE, P2 ... FSS JANUARY EVENTS, P9-12 ... FORCE REDUCTIONS, P15

COMMENTARY

Antiterrorism sends holiday safety message

By Mance Clark

902nd Security Forces and Logistics Support Group Antiterrorism Officer

As we celebrate the 2013-2014 holiday season we must maintain a state of heightened situational awareness and continue to report any suspicious activity, especially while traveling or attending large public gatherings. Here are just a few tips for a happy and safe holiday.

At Home:

- Don't place on open sources (Facebook, Twitter or My Space) that you will be out of town or at the airport.
- Be extra cautious about locking doors and windows when you leave your house or apartment, even if it's just for a few minutes.

• Don't display holiday gifts where they can be seen from a window or doorway. Store gifts before you go away on a holiday trip.

• If you take a holiday trip away from your home, have some interior lights activated by an automatic timer. Have a neighbor or family member watch your house, pick up the mail and newspaper and park his or her motor vehicle in your driveway from time to time.

• Immediately after the holidays, mark new gifts with an identification number and record new serial numbers.

• Avoid leaving boxes from purchases, especially TV's, VCR's and computers, out on the curb for trash pickup.

Shopping:

• Shop before dark if possible, or coordinate shopping trips with a friend. Never park in an unlit lot or area, no matter how convenient it is.

• Lock your packages and gifts in your vehicle's trunk. Keep

"Remember, being responsible and maintaining situational awareness is the best way to avoid preventable mishaps."

vehicle doors locked and windows closed.

• Avoid carrying large amounts of cash. Pay for purchases with a check, credit card or debit card when possible.

• To discourage purse-snatchers, don't overburden yourself with packages. Be extra careful with purses and wallets. Carry a purse under your arm. Keep a wallet in an inside jacket pocket, not a back trouser pocket.

Traveling:

• Inform family members of your travel itinerary and, if driving, your route and anticipated arrival time.

• If flying, move to secure staging areas as soon as possible.

• Visit <http://www.Travel.State.Gov> or <http://www.TXDOT.gov> for other safety tips and road conditions along your route.

Remember, being responsible and maintaining situational awareness is the best way to avoid preventable mishaps. For more information or suggestions about staying safe over the holidays, contact the JBSA-Randolph Antiterrorism Office at 652-1357, the JBSA-Fort Sam Houston Antiterrorism Office at 295-0534 or the JBSA-Lackland Antiterrorism Office at 671-5926. Happy holidays and thank you for your service.

ON THE COVER

The annual Christmas tree-lighting ceremony was held Dec. 5 at Joint Base San Antonio-Randolph. Many families attended the tree-lighting and then visited with Santa Claus. The tree-lighting event has been hosted at JBSA-Randolph since the 1930s. *Photo by Dan Solis*

WINGSPREAD

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The deadline for submissions is noon Wednesday the week prior to publication. All submissions can be emailed to randolphpublicaffairs@us.af.mil.

JBSA Sexual Assault Prevention, Response

To report a sexual assault, call the 24/7 Joint Base San Antonio Sexual Assault Prevention and Response Hotline at 808-7272 or the Department of Defense Safe Helpline at 877-995-5247.



One of the best things about ICE is that people can let service members know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.

COMBINED FEDERAL CAMPAIGN POINTS OF CONTACT

The 2013 Combined Federal Campaign has been extended through Jan. 15. Below is a list of points of contact for Joint Base San Antonio.



502nd Air Base Wing:

1st Lt. Amanda McGowin, 221-4321

Alternate: Master Sgt. Mason Wilson, 671-6705

502nd Force Support Group:

Manny Henning, 221-1844

Alternate: Duane Dunkley, 221-2207

502nd Installation Support Group:

1st Lt. Brandon Langel, 671-2528

Alternate: Master Sgt. Robert Brinson, 671-5511

502nd Security Forces and Logistics Support Group:

Matt Borden, 652-3797

Alternate: Master Sgt. Ennis Fowler, 652-6915

Alternate: Master Sgt. Shawn Waghorn, 652-3088

NCO and Petty Officer book to the Armed Forces released

A book release ceremony was held at the Pentagon Tuesday for “The Non-commissioned Officer and Petty Officer: Backbone of the Armed Forces” which is a comprehensive explanation of the enlisted leaders across the U.S. Armed Forces.

Written by a team of active, reserve, and retired senior enlisted leaders from all service branches, the book defines and describes how noncommissioned officers and petty officers fit into an organization, centers them in the profession of arms, exposes their international engagement and explains their dual roles of complementing the officer and enabling the force.

As Chairman of the Joint Chiefs of Staff Gen. Martin E. Dempsey writes in his foreword to the book, “We know noncommissioned officers and petty officers to have exceptional competence, professional character, and soldierly grit – they are exemplars of our profession of arms.”

This book helps prepare young men

and women who strive to become NCOs and POs, re-inspires serving enlisted leaders and stimulates reflection by those who have retired from or left active service.

It also gives those who have never worn the uniform a better understanding of who these exceptional men and women are, and why they are properly known as the “backbone of the Armed Forces.”

As part of the ceremony, the first printed edition of the book will be autographed, then delivered to the Library of Congress where it will reside for historical preservation.

Electronic copies of the book are available through the National Defense University Press at <http://www.ndu.edu/press/nco.html>, the Joint Electronic Library at <http://www.dtic.mil/doctrine/nco.htm>, and Joint Doctrine Education and Training Electronic Information System at <http://jdeis.js.smil.mil/jdeis/index.jsp?pindex=97>.

(Article courtesy of the Joint Electronic Library)

Memory Lane: Randolph assumed B-29 combat aircrew training role 63 years ago



Courtesy photo

Sixty-three years ago this month, about six months after the outbreak of the Korean War, the first six B-29 combat crews trained at the former Randolph Air Force Base graduated. B-29 combat crew training began at Randolph during the Truman administration and concluded in 1956, the final year of then President Dwight D. Eisenhower's first term. In that time, more than 21,500 crew members had been trained.

NEWS

Volunteer group offers alternative to drinking and driving

By Mike Joseph
JBSA-Lackland Public Affairs

A group of Joint Base San Antonio military volunteers know that drinking and driving is like oil and water – they don’t mix.

Their solution in the local fight against drinking and driving; provide an alternative service for JBSA military members, Department of Defense civilian employees and military dependents with a valid DOD identification who need a safe way home.

The volunteers established a local program in July with the Armed Forces Against Drunk Driving to provide free safe rides home on Friday and Saturday nights for JBSA personnel, and dependents with valid ID, who are out drinking.

Two-person volunteer teams give rides between 10 p.m. and 3 a.m. to any JBSA location or place in San Antonio inside Loop 1604.

The USO joined this prevention effort in September, offering the AFADD volunteers their downtown San Antonio location to operate as a call center. Before the move, the call center was housed in the San Antonio Military Medical Center emergency room at JBSA-Fort Sam Houston.

“We wanted to have this option (safe rides) open at JBSA,” said Senior Airman Santiago Holley, JBSA AFADD president. “It’s a free, anonymous alternative to drinking and driving. We can take them wherever they need to go.”

Holley emphasized the rides are not a taxi service or for bar-hopping. The service is offered to keep people safe and prevent someone from possibly ruining their career.

“If someone makes one mistake, they can lose it all,”

Holley said. “We want all JBSA personnel to know they have this alternative to drinking and driving.

“We’ve had great community support,” he added. “The USO stays open after 10 only for us. Our volunteers can be comfortable while they wait with access to movies, a game room, a library, wireless Internet or video games.”

Holley said the program is supported by Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and JBSA commander, and Chief Master Sgt. Alexander Perry, 502nd ABW and JBSA command chief master sergeant.

Various JBSA services and organizations have provided volunteers for the program. They include the Navy, the Army, the Army BOSS (Better Opportunities for Single Soldiers) program, the 802nd Communications Squadron, the 624th Operations Center Strategy Division, the 59th Medical Wing, the 59th Medical Logistics Squadron, the 24th Air Force and the Air Force Life Cycle Management Center, a unit from Air Force Material Command.

Holley said he’s grateful for the support AFADD has received from JBSA senior leaders and the participating organizations. He’d also like to see the group’s presence in San Antonio grow.

“We have over 200 mission partners in San Antonio and we encourage other units to participate,” he said. “Our goal is to staff at least eight people every Friday and Saturday night at the call center. We’d also like to open any time the installations are closed. Right now, we don’t have the manning for that, but we’d like to accomplish that goal in the next six months.”

According to Holley, additional volunteers could lead to more than just providing a ride home.

“We could educate JBSA personnel at the unit

Think before you drink

According to the National Safety Council, every 30 minutes someone dies in an alcohol-related crash.

Alcohol-related motor vehicle crashes killed more than 17,000 people in 2005 alone (latest figures available). Alcohol is a factor in 6 percent of all traffic crashes, and more than 40 percent of all fatal crashes.

Here are some ways to avoid becoming the next statistic:

- If you drink, don’t drive.
- If you plan to drink, have a designated non-drinking driver. If that’s unavailable, use alternate transportation like a cab, bus, train or horse and buggy – anything’s better than getting behind the wheel.
- Don’t be afraid to take or hide someone’s keys to stop them from drinking and driving. If the person gets angry, it’s probably proof you’re doing the right thing.

level on the effects of drinking and driving, and alcohol abuse,” he said with additional volunteers and unit involvement.

For more information on JBSA AFADD or to volunteer, contact Holley at 269-4796 or visit their Facebook page at <https://www.facebook.com/AFADDJointBaseSanAntonio>.

Joint Base San Antonio-Randolph 502nd Force Support Squadron Holiday Hours

The following 502nd FSS agencies will open during the hours listed Dec. 23-Jan. 2.

Auto Skills Center

9 a.m. to 1 p.m. Dec. 24 and Dec. 31
9 a.m. to 5:30 p.m. Dec. 27-28

Bowling Center

Open normal hours Dec. 23, Dec.27-31
10 a.m. to 7 p.m. Dec. 24
12 p.m. to 12 a.m. Dec. 26

Child Development Program

6:30 a.m. to 5:45 p.m. Dec. 23, 27 and 30
6:30 a.m. to 4 p.m. Dec. 24 and Dec. 31

Community Services Mall

9 a.m. to 5 p.m. Dec. 23, 27 and 30
9 a.m. to 1 p.m. Dec. 24 and 31

Rambler Fitness Center

5 a.m. to 10 p.m. Dec. 23, 27 and 30
8 a.m. to 4 p.m. Dec. 24, 26 and 28 and Jan. 1-2
Noon - 5 p.m. Dec. 29

Kendrick Club

3-10 p.m. Dec. 23-24, 26 and 30-31
3-11 p.m. Dec. 27
Normal hours Dec. 28-29, Jan. 2

Golf course/snack bar

6 a.m. to sunset Dec. 23, 26-31 and Jan. 2
6 a.m. to 1 p.m. Dec. 24 and Jan. 1
Snack bar will be open 6 a.m. to 3 p.m. Dec. 23, Dec. 26-31 and Jan. 2

JBSA Recreation Park at Canyon Lake

8 a.m. to 5 p.m. Dec. 23, 26-31 and Jan. 2
8 a.m. to 1 p.m. Dec. 24

Parr Club

Closed Dec. 23-30 and Jan. 1-2
Open for New Year’s reservations only Dec. 31

Wood Skill Center

9 a.m. to 1 p.m. Dec. 24
9 a.m. to 5 p.m. Dec. 27
9 a.m. to 5:30 p.m. Dec. 28

Youth Programs

3-6 p.m. Dec. 23, 27, 30 and Jan 2

School-Age Programs

6:30 a.m. to 5:45 p.m. Dec. 23, 27 and 30
6:30 a.m. to 4 p.m. Dec. 24 and Dec. 31

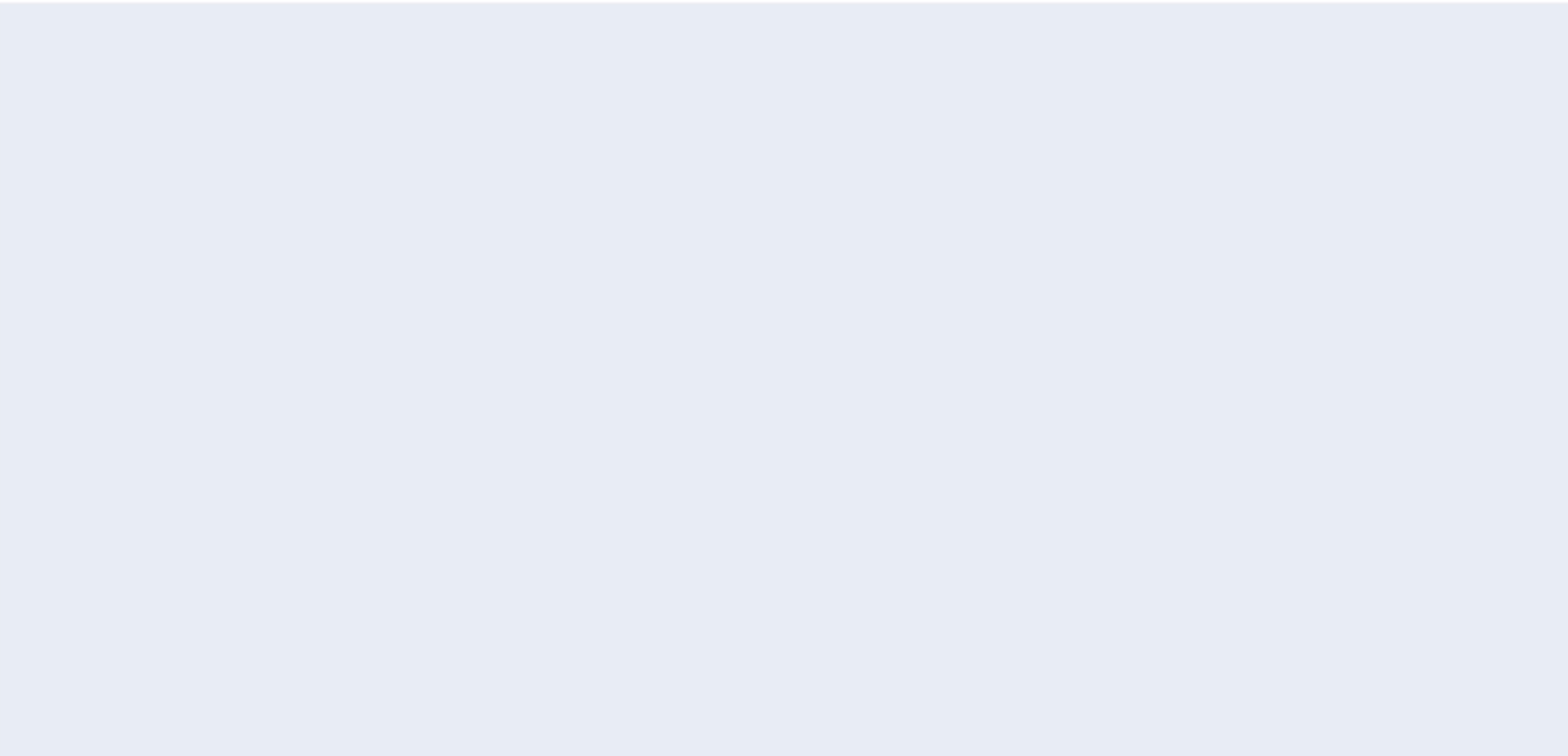
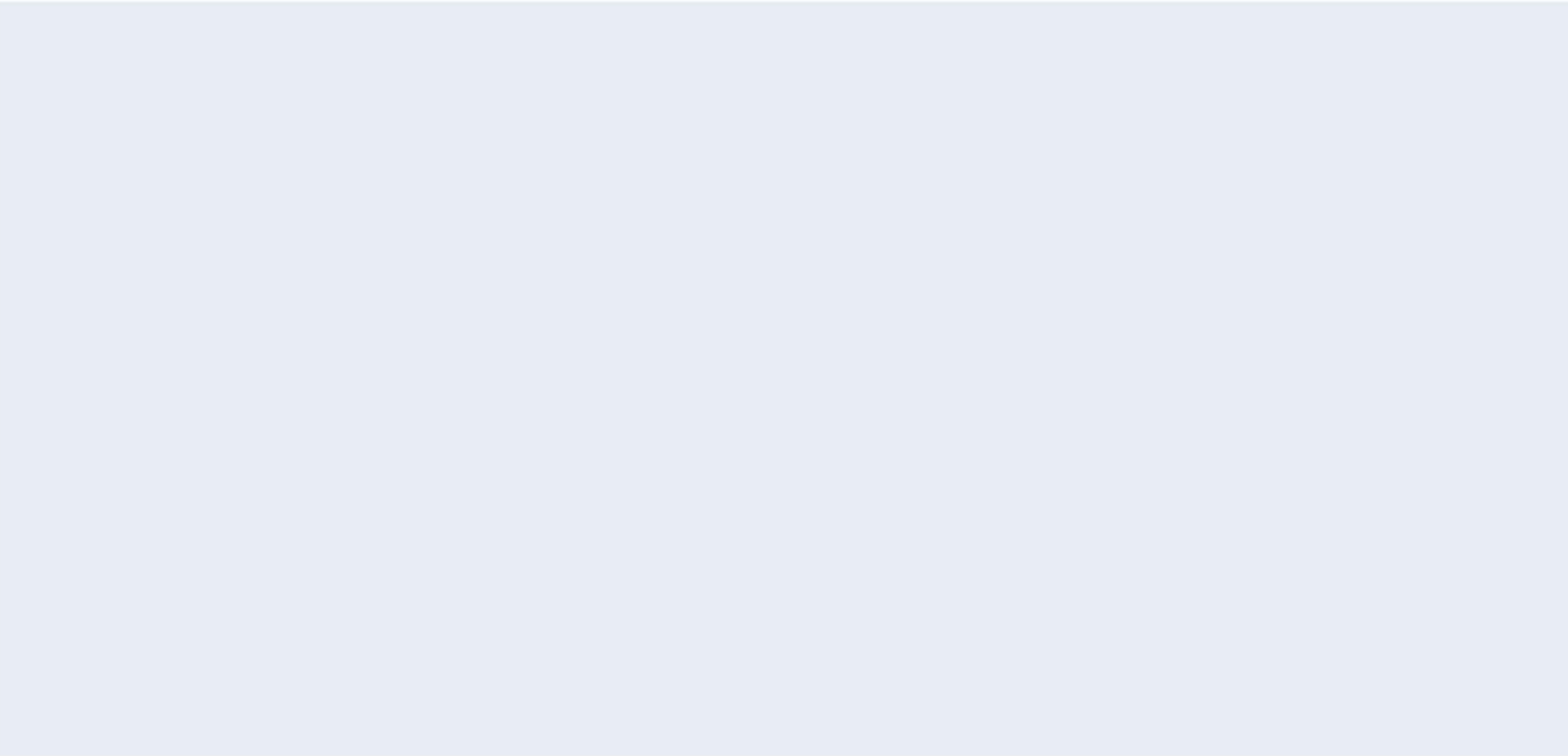
Commissary

7 a.m. to 4 p.m. Dec. 24
7 a.m. to 8 p.m. Dec. 30

Exchange

8:30 a.m. to 6 p.m. Dec. 24 and 30
11 a.m. to 6 p.m. Jan. 1

**All facilities closed
Dec. 25 and Jan. 1
unless otherwise specified.**



Stage III water restrictions implemented across JBSA

By Steve Elliott

JBSA-Fort Sam Houston Public Affairs

The 10-day average of the Bexar County index well J-17 – the official well for recording ground-water elevations in the San Antonio Pool of the Edwards Aquifer – fell to 639.9 feet mean sea level as of Dec. 16.

This was the trigger that sent all Joint Base San Antonio locations into Stage III water restrictions.

The JBSA Base Civil Engineer declared Stage III in accordance with the current JBSA Critical Period Management Plan and Biological Opinion issued by the U.S. Fish and Wildlife Service.

The biological opinion limits JBSA's water draw from the Edwards Aquifer in order to protect eight endangered species which live in the aquifer and its associated springs. These species can only survive when aquifer levels and spring flows are adequately maintained.

The changes from Stage 2 facing base residents are substantial.

"All the Stage 2 restrictions are still in place. In addition, irrigation is now limited to once every other week with watering times from 7 to 11 a.m. and 7 to 11 p.m.," said Aaron Farmer, 502nd Civil

Engineer Squadron. "This will be done with an irrigation system, sprinkler or soaker hose, and only on your designated watering day.

In Stage 3, the watering days are:

- Address/facility number ends in 0 or 1, Monday is the watering day;
- Address/facility number ends in 2 or 3, Tuesday is the watering day;
- Address/facility number ends in 4 or 5, Wednesday is the watering day;
- Address/facility number ends in 6 or 7, Thursday is the watering day;
- Address/facility number ends in 8 or 9, Friday is the watering day.

"Use of portable yard pools is prohibited, as well as fire hydrant and sewer flushing," Farmer added. "Government-operated vehicles are allowed to be washed once per month and no new planting is allowed."

Additionally, there will be no watering on weekends with a sprinkler, soaker hose or irrigation system.

All water restriction measures are listed in the JBSA Critical Period Management Plan available online at www.samhouston.army.mil/pao/announce-event/pdf/JBSACriticalMgtPlan2013.pdf.

"JBSA personnel should not confuse the JBSA water restrictions with the SAWS restriction levels," Farmer stressed. "The JBSA water restrictions are more stringent and begin sooner than SAWS restrictions.

The JBSA Hotline Conservation Hotline at 466-4H2O (466-4426) allows for reporting of water abusers and will bring potential disciplinary measures to violators, Farmer said.

This water point of contact will respond to calls, investigate, annotate abuse and inform the resident, facility manager or responsible individual of the problem, Farmer said. The POCs will then report the problem to the 502nd ABW, with further action coordinated from this point.

For people who live off base, SAWS has an online form to report water wasters at <http://www.saws.org/conservation/waterwaste/reportform.cfm>. These offenses can lead to citations and fines for homeowners and businesses not following the rules.

To report off-base water and sewer emergencies, including main breaks, any time of day or night, call 704-SAWS (7297) for an immediate response.

For more water-saving tips, check out these websites: <http://www.WaterUseItWisely.com> (111 ways to conserve), <http://www.EPA.gov> and <http://SAWS.org>.

Water Conservation Tips

- If your toilet was installed prior to 1980, place a toilet dam or bottle filled with water in the toilet tank to cut down on the amount of water used for each flush. Be sure these items do not interfere with operating parts.
- Install water-softening systems only when necessary. Save water and salt by running the minimum number of regenerations necessary to maintain water softness.
- Wash clothes only when you have a full load and save up to 600 gallons each month.
- Report significant water loss from broken pipes, open hydrants and errant sprinklers to the property owner or to your water management district.
- Bermuda grasses are dormant and brown in the winter and will only require water once every three weeks or less if it rains.

(Source: 502nd Civil Engineer Squadron)



Joint Base San Antonio-Randolph

Word on the Street

What is your favorite *holiday* tradition?



2nd Lt. Jonathon Dias
AETC Studies and
Analysis Squadron
operational test engineer

*"My favorite holiday
tradition is being
with family and
eating good food."*



Gina Lockard
Military spouse

*"My favorite holiday
tradition is being
around family and
friends."*



Ronald Cooper
U.S. Air Force retired

*"My favorite tradi-
tion of the holiday is
seeing folks having
a good time and in
good spirits."*



Staff Sgt. Jim Umali
AFPC headquarters
fuel support technician

*"My favorite holiday
tradition is giving
presents."*



Joint Base San Antonio

FORCE SUPPORT SQUADRON

Monthly Events

January

Arts & Crafts

Save with custom frame special

The JBSA-Lackland Arts & Crafts Center offers 30 percent off select frames Jan. 7-17. Custom framing at Arts & Crafts has significant savings compared to off-base competitors. For more information, call 671-2515.

Auto Hobby

Auto Hobby Shop offers Texas vehicle safety inspections

The JBSA-Lackland Auto Hobby Shop performs Texas vehicle safety inspections for \$14.50 pass or fail. For more information, call 671-3549.

Bowling

New Year's Day celebrates with bowling special

The JBSA-Randolph Bowling Center celebrates the new year Jan. 1 with a special bowling rate of \$2.50 per game, per person and \$2.35 shoe rental. For more information, call 652-6271.

Bowling Center celebrates Martin Luther King Jr.

The JBSA-Randolph Bowling Center celebrates the life of Martin Luther King Jr. Jan. 18-20, with a special bowling rate of \$2.50 (excluding Cosmic Bowling) per game, per person with \$2.35 shoe rental for the entire weekend. For more information, call 652-6271.

"Gone to Vegas" bowling special offered to patrons

While the leagues are bowling in Las Vegas, the JBSA-Randolph Bowling Center entices patrons to take advantage of \$1 bowling with \$2.35 shoe rental, Jan. 21-23, 6-9 p.m. For more information, call 652-6271.

Patrons enjoy great deals at the bowling center

The JBSA-Fort Sam Houston Bowling Center offers \$1 games and shoe rentals Tuesday, Wednesday, Thursday and Friday, 11 a.m. to 2 p.m. Customers also get a free game when they knock down a red pin from 11 a.m. to 1 p.m. Wednesday and Friday. Both bowling deals begin Jan. 6. For more information, call 221-4740.

Skylark Bowling Center closes lanes during renovation

The JBSA-Lackland Skylark Bowling Center undergoes a renovation beginning in January resulting in only 16 lanes available for bowling. The facility will also close periodically to accommodate installation of new flooring and replacement of ceiling tiles. For more information, call 671-1234.

Clubs

Club features Beach Party Bash buffet

Feast on island favorites at the JBSA-Lackland Gateway Club Beach Party Bash buffet in the food court Jan. 17, 11 a.m. to 1:30 p.m. Featured entrees include lemon chicken, beef broccoli, shrimp lo mein, mandarin orange, spinach salad, fried bananas with honey and much more! Pay only \$9.95 per person. For more information, call 645-7034.

Club members gather for Appreciation Night

The JBSA-Lackland Gateway Club host Members' Appreciation Night Jan. 21, 5-8 p.m. Patrons dine on a buffet dinner with beef, chicken and fish entrees. DJ Doggin' Dave provides the music and a ballroom dance contest is also featured. Price is \$10.50 for members and \$12.50 for nonmembers. For more information, call 645-7034.

Community Programs

Harlequin Dinner Theatre presents "Dial 'M' For Murder"

A man married his wife for her money and plans to murder her for the same reason. He arranges for the perfect crime and creates a brilliant alibi for himself. Unfortunately the murderer gets murdered and the victim survives. Dial "M" For Murder runs Jan. 16 through March 1 at the Harlequin Dinner Theatre on JBSA-Fort Sam Houston. For more information, call 222-9694.

Arnold Hall hosts snow day

The JBSA-Lackland Arnold Hall Community Center transforms the amphitheater grounds, located beside the Gateway Club, into a winter wonderland Jan. 17, 4:30-7:30 p.m. Patrons enjoy sledding on 48,000 pounds of snow covering the ground at this free event. Sleds are provided and no personal sleds or tubes allowed. For more information, call 671-2619.

Price matching framing saves patrons money

The JBSA-Randolph Community Services Mall offers framing at discounted rates. Expert framers are available to help pick out that perfect custom frame for any special occasion such as sports awards, special achievements or graduations. In addition, the Community Services Mall will match any off-base price on a comparable custom framing job and customers pay no sales tax. For more information, call 652-5142.

Wide variety of equipment available for all types of events

The JBSA-Randolph Community Service Mall offers equipment at great prices for all types of events. For more information, call 652-5142 option 2.

Fitness and Sports

Start the year with a New Year's Day run

The New Year's Day run consists of two events. There is a four-mile race that starts at 10 a.m. and a 1.4-mile walk/run which start at 10:10 a.m. This event takes place Jan. 1 at the JBSA-Fort Sam Houston Pershing Ball Park next to the RV Park. This is a free event open to all DOD ID cardholders. For more information, call 221-3593 or 221-4887.

Patrons start new year with run

The JBSA-Randolph Fitness Center hosts their annual Resolution 5K run Jan. 1, 8 a.m., at Eberle Park. For more information, call 652-7263.

Fitness Center hosts year-long fitness program

The JBSA-Randolph Fitness Center kicks off the year long fitness program, "New Year, New You" Jan. 1. The goal of this self-monitored program is to run/walk 70 miles, attend 24 group fitness classes and bike 36 miles. For more information, call 652-7263.

Registration underway for Polar Bear Aquathon

Athletes are invited to take on the challenge of the Polar Bear Aquathon, March 1, 2 p.m., at the JBSA-Fort Sam Houston Outdoor Aquatic Center. Registration forms are available Jan. 15 at the Jimmy Brought Fitness Center. For more information, call 221-4887.

Patrons learn proper weight lifting

The JBSA-Randolph's Fitness Center teaches patrons proper lifting techniques and how to improve their workouts during a free weight lifting class Jan. 17, 11:30 a.m., in exercise room 128. For more information, call 652-7263.

Patrons take part in Socks and Squat competition

The Socks and Squats competition takes place Jan. 26, 1 p.m., at the JBSA-Fort Sam Houston Fitness Center on the Medical Education and Training Campus. Sign up for this event no later than Jan. 18. Patrons can compete in the individual competition or the team competition. For more information, call 808-5709.

Varsity softball teams forming

The JBSA-Lackland Fitness and Sports conducts tryouts at the Warhawk softball diamond for the men's and women's varsity softball teams. Men's tryouts are Jan. 22, 24, 28-29, 31 and Feb. 4-5, 5:30-7:30 p.m. Women's tryouts are Jan. 21-22, 28 and 30, 5-7 p.m. and Jan. 26 and Feb. 2, 10 a.m. to noon. For more information, call 671-0854 or 671-2632.

JBSA FSS

Teams welcome at the Ranger Jam XV

Players, ages 18 and older, are invited to get their teams together for the JBSA-Fort Sam Houston Ranger Jam XV Varsity Basketball Tournament Jan. 25-26 at the Fitness Center on the Medical Education and Training Campus. The cost per team is \$350. For more information, call 808-5710.

Runners are invited to the Frosty 5K

Runners celebrate winter at the JBSA-Fort Sam Houston Frosty 5K Jan. 25, 9 a.m., at the Fitness Center on the Medical Education and Training Campus. For more information, call 808-5709.

Patrons sign up for Run/Bike/Run

The JBSA-Randolph Fitness Center hosts the Run/Bike/Run Feb. 2, 7 a.m., at Eberle Park. Patrons run a 5K, bike 10 miles and finish with a mile and a half run. For more information, call 652-7263.

Coaches needed for varsity softball

DOD ID cardholders ready to coach varsity softball should drop off a resume by Jan. 28 at the JBSA-Fort Sam Houston Fitness Center on the Medical Education and Training Campus or mail it to Earl Young, 2380 Stanley Rd., Fort Sam Houston, Texas 78234-5020. For more information, call 808-5710.

Chaparral Fitness Center offers free fitness classes

The JBSA-Lackland Chaparral Fitness Center offers a free core class every Tuesday and Thursday, 5:30 p.m. Patrons can build their core strength through vigorous workouts with one of Chaparral's fitness specialists. Tae Kwon Do is

offered Tuesday and Thursday at 6:30 p.m. Learn Tae Kwon Do basics from a seasoned instructor in this free class. For more information, call 671-2401.

Free classes taught at Gateway Fitness Center

Burn calories and challenge your body with weights, kettlebells and cardio in the JBSA-Lackland Gateway Fitness Center's strength and cardio class every Monday, Wednesday and Friday, 11:30 a.m. to noon. Gear up for TRX training using leverage, gravity and body weight with a strap-like contraption every Tuesday and Thursday, 10 a.m. A core cut-up class is offered every Tuesday and Thursday as well. For more information, call 671-1348.

Get fit with Zumba®

JBSA-Lackland Medina Fitness Center and Warhawk Fitness Center offer patrons two different Zumba® experiences for \$2 per session. The Zumba® Toning class at Medina Fitness Center Monday and Friday, 9-10 a.m., incorporates toning exercises into the dance workout. The Warhawk's Zumba® class offers a great calorie burn with dance and music. For more information, call 671-4525 at Medina or 671-2016 at the Warhawk.

Parents and toddlers enjoy exercise

JBSA-Fort Sam Houston Fitness Center on the Medical Education and Training Campus offers parents with strollers use of the indoor track, Monday-Friday, 9-11 a.m. For more information, call 808-5709.

Golf

Randolph Oaks honors Martin Luther King Jr.

The JBSA-Randolph Oaks Golf Course celebrates the life of Martin Luther King Jr. with a golf tournament Jan. 20. The tournament format is individual gross/net. Tee times are 7-9 a.m. Entry fee is \$10, plus green and cart fees. For more information, call 652-4570.

Golf course offers winter fee specials

The JBSA-Lackland Gateway Hills Golf Course offers green fee, cart fee, a hot dog and a 16-ounce draft beer or 20-ounce fountain drink for \$25 Monday and Wednesday, 6:30 a.m. to 3 p.m. Tuesday and Thursday twilight rates begin at 11:30 a.m. For more information, call 671-3466.

Golfers improve swing

The JBSA-Randolph Oaks Golf Course offers golfers the opportunity to improve their game and lower their scores. Golfers can make appointments with Brian Cannon or Charles Bishop for golf lessons. For more information, call 652-4653.

Golf Course available for special events

The JBSA-Randolph Oaks Golf Course offers special event packages for retirements, promotions, weddings and sports outings. For more information, call Corita at 652-4852.

IDOL FACTOR

GOT TALENT?
YOUR CHANCE TO SHINE

CASH MONEY

Participants are needed for the 2014 Idol Factor, a singing competition that begins in April and pays out prize money to the top-three singers in JBSA.

For more information and a registration packet, go to www.randolphfss.com, or contact Steve Knechtel, JBSA Community Programs, at (210) 267-7358 (stephen.knechtel@us.af.mil).

Golfers invited to scramble

Golfers are invited to play in the Warrior Four-Person Scramble at the JBSA-Fort Sam Houston Golf Course Jan. 3 with a 12:30 p.m. shotgun start time. The cost is \$2. for members and \$35 for nonmembers. The scramble include 18 holes of golf, dinner, gift certificates for the winners of the longest drive, the closest to the pin and for first, second and third place. For more information, call 222-9386.

Information, Tickets and Travel

Patrons travel to Louisiana

Travel to the Paragon Hotel and Casino Resort in Marksville, La., with JBSA-Lackland's Information, Ticket and Travel group tour Jan. 19-20. The cost is \$87 per person for double occupancy or \$127 for single occupancy and include transportation, one-night stay, \$25 casino cash and a \$10 food voucher. For more information, call 671-3133.

Patrons enjoy a European Dream Tour

The JBSA-Lackland Information, Tickets and Travel offers an 11-day Spring Break European Dream Group Tour March 9-19. Travel to the cities of Rome, Venice, Varese, Lucerne, Paris and London with rates starting at \$3,500 per person, including airfare. Additional discounts are available. Make your dream a reality with ITT's payment plan. A \$200 non-refundable, land-only deposit per person and a \$10 service fee is due per booking. If airfare is purchased through Trafalga Tours, a \$300 non-refundable air deposit is required at time of booking. For more information, call 671-7111.

Welcome
2014
with a
Run, Walk,
Stroller Strut
on Wednesday,
January 1

Packet Pickup starts
at 9 a.m.

4 Mile Run starts
at 10 a.m.

1.4 Mile Fun Run/Walk
& Stroller Strut starts
at 10:10 a.m.

**New Year's
Day**

For more information call
(210) 221-3593 or
(210) 221-4887 (message)

J-FORCE

www.FortSamMWR.com

Information, Tickets and Travel offers trips to casino

The JBSA-Randolph Information, Tickets and Travel offers several trips to the Grand Casino Coshatta in Kinder, La., throughout the year. Trips are scheduled for March 18-19, May 13-14 and July 15-16. A trip includes round-trip motor coach transportation, hotel accommodations, a voucher for \$23 from the casino and tour guide. The bus departs at 7:30 a.m. and returns at approximately 9:30 p.m. the next day. Cost is \$60 for double occupancy or \$120 for single occupancy. Sign-up deadline is two weeks prior to trip date and payment is required at sign up. For more information, call 652-5142, option 1.

Travel Europe on nine-day highlights tour

JBSA-Lackland Information, Tickets and Travel offers a nine-day London-to-Rome highlights group tour June 12-22. Travelers tour London, Paris, Lucerne, Venice, Florence and Rome. Rates start at \$3,500 per person and include airfare. Additional discounts are available. For more information, call 671-7111.

Explore Ireland on nine-day group tour

Travel to Ireland on JBSA-Lackland's Information, Tickets and Travel group tour Aug. 2-9. Destinations include the United Kingdom, Dublin, Donegal, Limerick, Tralee and Blarney. Rates start at \$2,500 per person and include airfare. Additional discounts are available. For more information, call 671-7111.

Get away on a Sandals all-inclusive vacation

JBSA-Lackland Information, Tickets and Travel offers a Sandals all-inclusive Labor Day Getaway Aug. 30 through Sept. 4. Participants enjoy time at the Sandals Grande Riviera Beach and Villa Golf Resort in Ocho Rios. Rates start at \$2,070 per person based on two adults including airfare. For more information, call 671-7111.

Discount tickets offered to customers

The JBSA-Fort Sam Houston Ticket Office sells discount tickets and often has free tickets to local events. For more information, call 808-1378.

Library

Children's story time entertains and teaches

The JBSA-Randolph Library offers story time at 10 a.m. every Wednesday. It is a great opportunity for children to listen to wonderful stories and participate in a simple craft. Story time also allows children to interact with other young children and to start building their social skills. Story time themes are as follows: Jan. 8, Polar Bears; Jan. 15, Martin Luther King Jr.; Jan. 22, Penguins and Jan. 29, The Day the Crayons Quit. For more information, call 652-5578/2617.

Patrons learn ebooks and ezines

The JBSA-Fort Sam Houston Keith A. Campbell Memorial Library offers a class geared towards learning how to navigate ebooks and ezines on the Internet. This course takes place Jan. 3 and 17, 10 a.m. For more information, call 221-4702.

Library holds genealogy workshop

The JBSA-Lackland Library teaches patrons how to trace their family history in a free workshop, Jan. 14, 5:30-6:30 p.m. Topics include how to get started in genealogy and how to navigate genealogy websites. Registration is required. For more information, call 671-3610.

Military & Family Readiness

Newcomers get off on right foot

The JBSA-Lackland Military & Family Readiness Center hosts an orientation for military service members new to the area Jan. 8 and 22, 8 a.m. to 2 p.m. Coordination is required with the Unit Personnel or Commander Support Element to schedule this mandatory orientation. For more information, call 671-3722.

Members learn resume techniques

The JBSA-Randolph Military & Family Readiness Center teaches techniques that will assist in preparing a non-federal style resume Jan. 8, 9:30-11 a.m. For more information, call 652-5321.

Spouses invited to Heart Link

All spouses new to the military or JBSA-Randolph are invited to attend Heart Link, Jan. 9, 8:30 a.m. to 1:30 p.m., at the JBSA-Randolph Military & Family Readiness Center. Lunch is provided. For more information, call 652-5321.

Women get revitalized

After the stressors of the holiday season are over, women take time to get expert advice and tips on painless, effective and easy beauty solutions. Speakers include the creative director of Medusa the Salon, a licensed cosmetology instructor, a health and wellness entrepreneur and the owner of DSC LUX. There are lots of door prizes for participants. This event takes place Jan. 10, 11:30 a.m. to 1:30 p.m., at the JBSA-Fort Sam Houston Military & Family Readiness Center. Women are encouraged to embrace the new year with lots of new, easy-to-follow beauty tips. For more information and registration, call 221-0349.

Patrons take part in support group

The Hearts Apart group is for those loved ones who are geographically separated from their military member due to deployment or TDYs to schools and training. Family members are invited to take part in this group Jan. 14, 11:30 a.m. to 1:30 p.m., at the JBSA-Fort Sam Houston Military & Family Readiness Center. For more information, call 221-0946.

Spouses take part in Pre-deployment Resiliency class

The JBSA-Fort Sam Houston Military & Family Readiness Center offers a Pre-deployment Resiliency class Jan. 15, 10-11:30 a.m. This training helps identify the strengths each member of the family brings to the deployment experience. For more information, call 221-9079.

Child safety seats to be inspected

The JBSA-Fort Sam Houston Fire Department inspects children's safety seats Jan. 16, 1-3 p.m., for recalls, functionality and proper installation. Registration is required. Children must be present for proper weight and height measurements. For more information, call 221-0349/2418.

Class teaches spouses re-integration skills

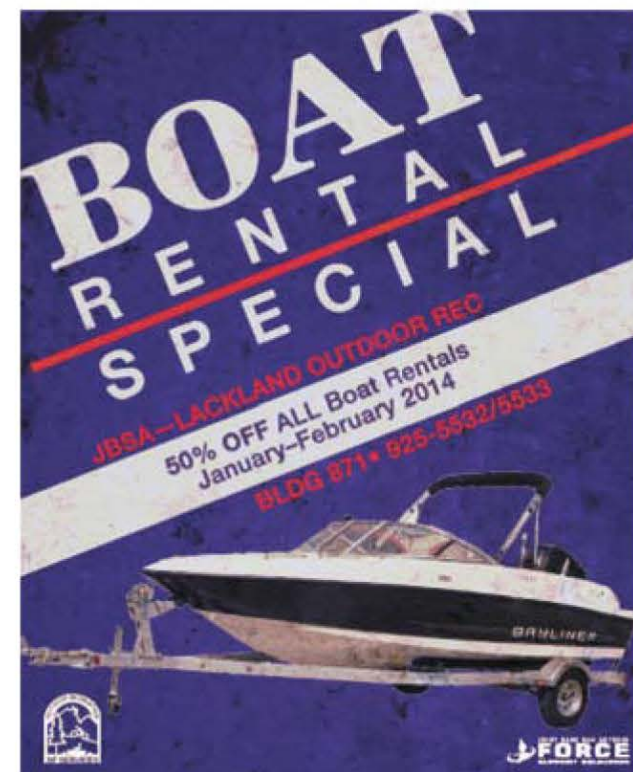
The JBSA-Randolph Military & Family Readiness Center hosts Open Arms, a workshop for spouses of returning military members Jan. 16, 1-2 p.m. The class offers solutions to the various challenges specific to reuniting couples and families and provides resiliency skills and resources. For more information, call 652-5321.

Patrons learn to decipher credit scores

The JBSA-Randolph Military & Family Readiness Center offers patrons a chance to learn about credit scores Jan. 21, 9-10:30 a.m. Attendees learn how to interpret their credit report and correct common errors. For more information, call 652-5321.

Patrons learn about consumer awareness

The JBSA-Lackland Military & Family Readiness Center holds a consumer awareness class Jan. 22, 10-11:30 a.m. This course teaches how to plan, save and budget, and how to use credit wisely. For more information, call 671-3722.



JBSA FSS

Class teaches healthy relationship and marriage skills

The JBSA-Randolph Military & Family Readiness Center helps participants define a healthy marriage Jan. 24, 3-4 p.m. This class offers tools to create and maintain a healthy marriage, how to effectively deal with conflict and how to set personal boundaries. For more information, call 652-5321.

Family Life Program offer classes to patrons

During January, the JBSA-Family Life Program offers multiple classes covering parenting skills, relationship enhancement, and general life skills. Classes are available at multiple locations throughout JBSA. For more information, call 221-0349.

Financial readiness is important for everyone

The JBSA-Fort Sam Houston Military and Family Readiness Center offers service members and their families classes to help them face uncertain financial times. Available classes include: credit and debt management, budgeting, saving and investing, consumer awareness and more. Registration is required for all classes. For information on dates and times or to register, call 221-2380/2418.

Family Child Care offers alternative child care

JBSA-Fort Sam Houston Family Child Care offers a non-traditional alternative for child care, perfect for families who want their child/children in a home-like environment. In addition to full and part time care, some providers offer drop-in services, weekend and evening/night time care as well as shift work and special needs care. For more information, call 221-3828.

Outdoor Recreation

Wide variety of equipment for rent

JBSA-Fort Sam Houston Outdoor Recreation has equipment rentals for everyone's needs. Camping, trailer and towing, water fun, sports and biking, barbecue and party, and equipment for around the house and garden; ODR has it all. For more information, call 221-5224/5225.

Patrons get free night

The JBSA Recreation Park at Canyon Lake offers patrons a great deal on bungalows during January and February. Patrons stay three nights and get the third night free. Each bungalow is equipped with a microwave, refrigerator and sink, a full-size bed, bunk beds (sleeps four but customers need to bring their own linens), air conditioning, heating and a bathroom with a hot shower. For more information, call 830-994-3576.

Park cabanas rent for half price

During January and February the JBSA Recreation Park at Canyon Lake rents park cabanas for \$22.50 per night, Monday through Thursday. Patrons are encouraged to enjoy the great outdoors without all the hassle associated with camping out. The park cabanas have one bedroom with a queen bed, sleeper sofa and two bunk beds, a bathroom shower, toilet and sink. The small kitchenette includes a refrigerator, stove, microwave and basic cooking utensils. Linens for beds are provided but towels and toiletries are not available in any of the accommodations. For more information, call 830-994-3576.

Archery Range open for shooting

The JBSA-Camp Bullis Archery Range is open Thursday-Monday, 8 a.m. to 4 p.m. Targets range from 10-60 yards and the cost is \$3 for a daily pass or \$20 for an annual pass. For more information, call 295-7577.

Youth Programs

Spring soccer registration begins

JBSA-Lackland Youth Programs conducts spring soccer registration Jan. 2-16, 6 a.m. to 6 p.m., for children ages 5-14. The fee is \$45 per child. A current sports physical is due at time of registration. For more information, call 671-2388.

Youth have fun with Youth Programs

JBSA-Fort Sam Houston Youth Programs offers middle school and high school youth Fear Factor activities Jan. 4, 7-10 p.m. For more information call 221-3502.

Pre-teens celebrate new year

JBSA-Randolph Youth Programs invites pre-teens to celebrate the new year with their friends Jan. 10, 9 p.m. to 7 a.m. The cost is \$20 per person for members or \$25 per person for nonmembers. Festivities include dancing, games, crafts, cooking challenge, snacks and breakfast. Sign up no later than Jan. 8. For more information, call 652-3298.

Babysitting course available for teens

The JBSA-Fort Sam Houston Middle School Teen Center offers a multi-class babysitting course beginning Jan. 14. Classes meet every Tuesday and Thursday, 5:30-6:30 p.m., and cover topics such as safety, CPR and First Aid, child development, nutrition, entertaining children and business. Each participant who passes receives a certificate. The cost for the course is \$35. Participants must be 13 years and older. For more information or to sign up, call 221-3630.

Youth have fun at skate night

Middle school and high school age youth enjoy music, fun, and roller skating at skate night Jan. 17, 6-8 p.m., at the JBSA-Fort Sam Houston Middle School Teen Center. For more information, call 221-3630.

Youth enjoy midnight basketball

"Midnight Basketball" for youth takes place Jan. 17, 7 p.m. to midnight, at JBSA-Fort Sam Houston Youth Programs. Parents are invited to "bring their game" and hit the basketball court with their youth. This is a free event open to all DOD ID cardholders. For more information, call 221-3502.

Youth programs offers camps for children

JBSA-Lackland Youth Programs offers camps to children of DOD personnel for the following dates: Jan. 21, register by Jan. 6; Feb. 14, register by Feb. 3; and March 10-14, register by Feb. 24. Cost is based on household income. For more information, call 671-2388.

Parents get a night off

JBSA-Lackland Youth Programs and the JBSA-Lackland Child Development Program hold Give Parents a Break/Parents' Night Out offering child care Jan. 24, 7-11 p.m.

The fee is \$15 per child. Fees may be waived with a Give Parents a Break referral. Advance registration is required. For more information, call 671-2388 for YP or 671-1072 for the Lackland CDP.

After school clubs target interests

JBSA-Lackland Youth Programs offers a variety of after school clubs for children ages 5 (in kindergarten)-12 years old which entertain and provide a rewarding learning experience. Parents with children demonstrating interests in art, cooking, drama, gardening, Legos, photography, power hour, rabbit care, robotics or sewing should sign up. The cost to participate is \$16 per day, per child based on intermittent care/drop-in care rates. All required paperwork must be on file in order to participate. For more information, call 671-2388.

Group class instructors wanted

The JBSA-Lackland Youth Programs seeks individuals interested in sharing skills that would be beneficial to children in a group setting. Individual service contracts are now being considered. Call to learn out how to send your proposal. For more information, call 671-2388.

Youth go for the gold

The JBSA-Randolph Youth Programs encourages teens and young adults, ages 14-23, an opportunity to sign up for the Congressional Award Program. Participants set goals in the areas of personal development, voluntary public service, physical fitness and expeditions/explorations. Once the bronze, silver or gold medal level has been reached, an award will be presented by a member of Congress. For more information, call 652-3298.

Youth Programs seeks volunteer coaches

JBSA-Lackland Youth Programs needs volunteers to coach in the upcoming soccer and baseball seasons. Training is provided. For more information, call 671-2388.

JBSA-Randolph Youth Programs needs coaches for all leagues. A completed application including background checks must be on file prior to first practice. For more information, call 652-3298.



[HTTP://WWW.RANDOLPHFSS.COM](http://WWW.RANDOLPHFSS.COM)
[HTTP://WWW.LACKLANDFSS.COM](http://WWW.LACKLANDFSS.COM)
[HTTP://WWW.FORTSAMMWR.COM](http://WWW.FORTSAMMWR.COM)

Joint Base San Antonio-Randolph News Briefs

JBSA-Lackland to host motorcycle safety instructor classes

The Air Force Safety Office has contracted with Cape Fox Professional Services to host a Motorcycle Safety Foundation class for mid-March at Joint Base San Antonio-Lackland to train volunteer military motorcycle instructors.

The eight-day Rider-Coach preparation class will be held from 7:30 a.m. to 4:30 p.m., with additional time on the Lackland riding range, March 17-26 in building 7065 at JBSA-Lackland. Prospective Rider-Coach candidates must be a licensed motorcyclist who currently rides frequently, has several years of varied riding experience and good communication skills.

Candidates must also provide current driving record and a commander or supervisor's approval to attend the course and also teach a minimum of four basic Rider-Course classes per year.

For more information, contact Bill James, JBSA traffic safety manager, at 671-6274.

502nd ABW annual awards banquet

The 502nd Air Base Wing annual awards banquet is scheduled for 6-9 p.m. Jan. 14 at the Gateway Club, 1650 Kenly Ave, Joint Base San Antonio-Lackland. Military are required to wear their mess dress or semi-formal uniform. Civilians are required to wear formal attire and a black tie for men. Dinner options include: a six-ounce ribeye steak, chicken supreme with cream cheese and herbs or veggie lasagna. Reservations are due by Jan. 10. To reserve or pay with a

credit card, go to <https://einvitations.afit.edu/inv/anim.cfm?i=177116&k=036645087A51>. For cash payments, contact your unit point of contact. For more information, call Tech. Sgt. Jonathan Geren at 652-8298.

Giant Voice Tests

The 502nd Air Base Wing Giant Voice mass notification system will undergo several readiness tests at Joint Base San Antonio-Randolph, JBSA-Lackland and JBSA-Fort Sam Houston between 10 a.m. and noon Jan. 14 to ensure mass notification is audible and understandable across JBSA.

Children's story time entertains and teaches

The JBSA-Randolph Library offers story time at 10 a.m. every Wednesday. Story time allows children to interact with other young children and to start building their social skills. Story time themes are as follows: Jan. 8, Polar Bears; Jan. 15, Martin Luther King Jr.; Jan. 22, Penguins and Jan. 29, The Day the Crayons Quit. For more information, call 652-5578/2617.

South Gate stops weekend hours

JBSA-Randolph South Gate opens only for large commercial vehicles on an "as-needed" basis Saturdays and Sundays. Large commercial vehicle drivers and local delivery drivers should contact the Base Defense Operations Center at 652-5700 prior to arrival at the South Gate.

JBSA-Randolph holiday gate hours

Main Gate: 24/7 (open)
East Gate: Dec. 23 – Jan. 1 (closed)
West Gate: Dec. 25-26; Jan. 1 (closed)
South Gate: Dec. 25-26; Jan. 1 (closed)

Holiday church services

Catholic Services

Dec. 24

5:30 p.m. Catholic Vigil Mass
(Religious Activities Center)

Dec. 25

Midnight Mass (Chapel 1)
11:30 a.m. Catholic Mass (Chapel 1)

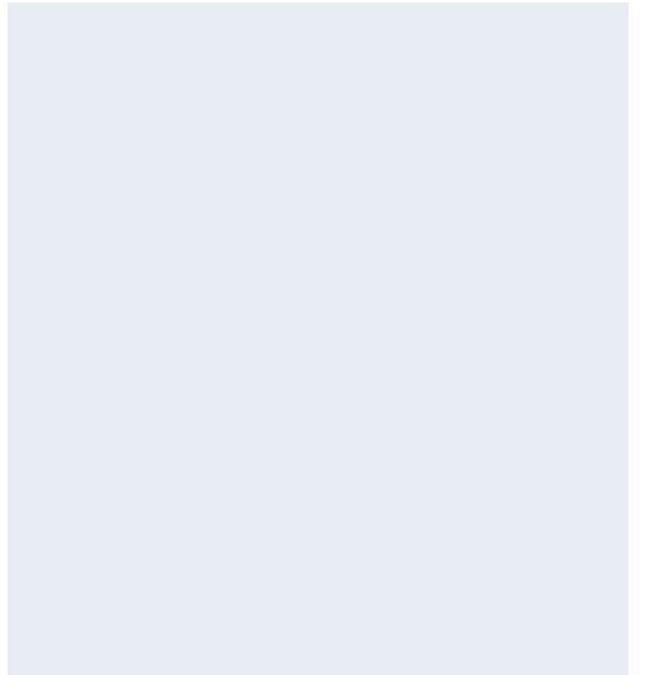
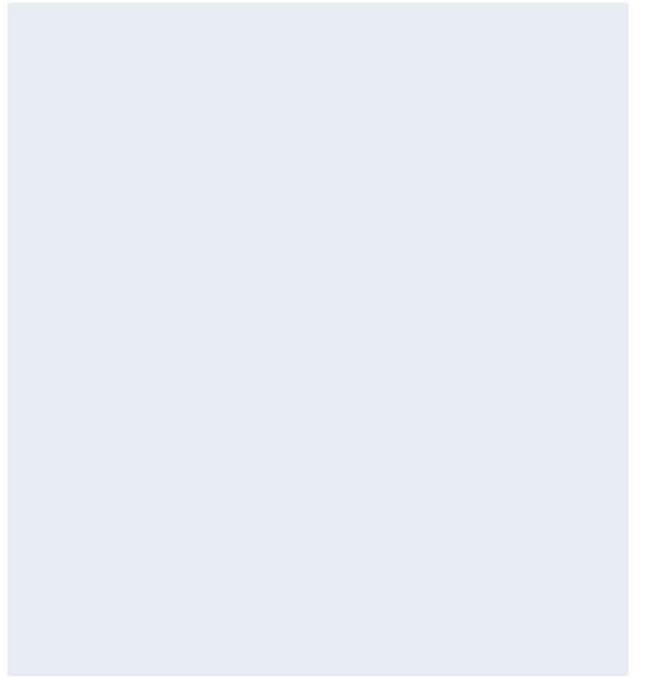
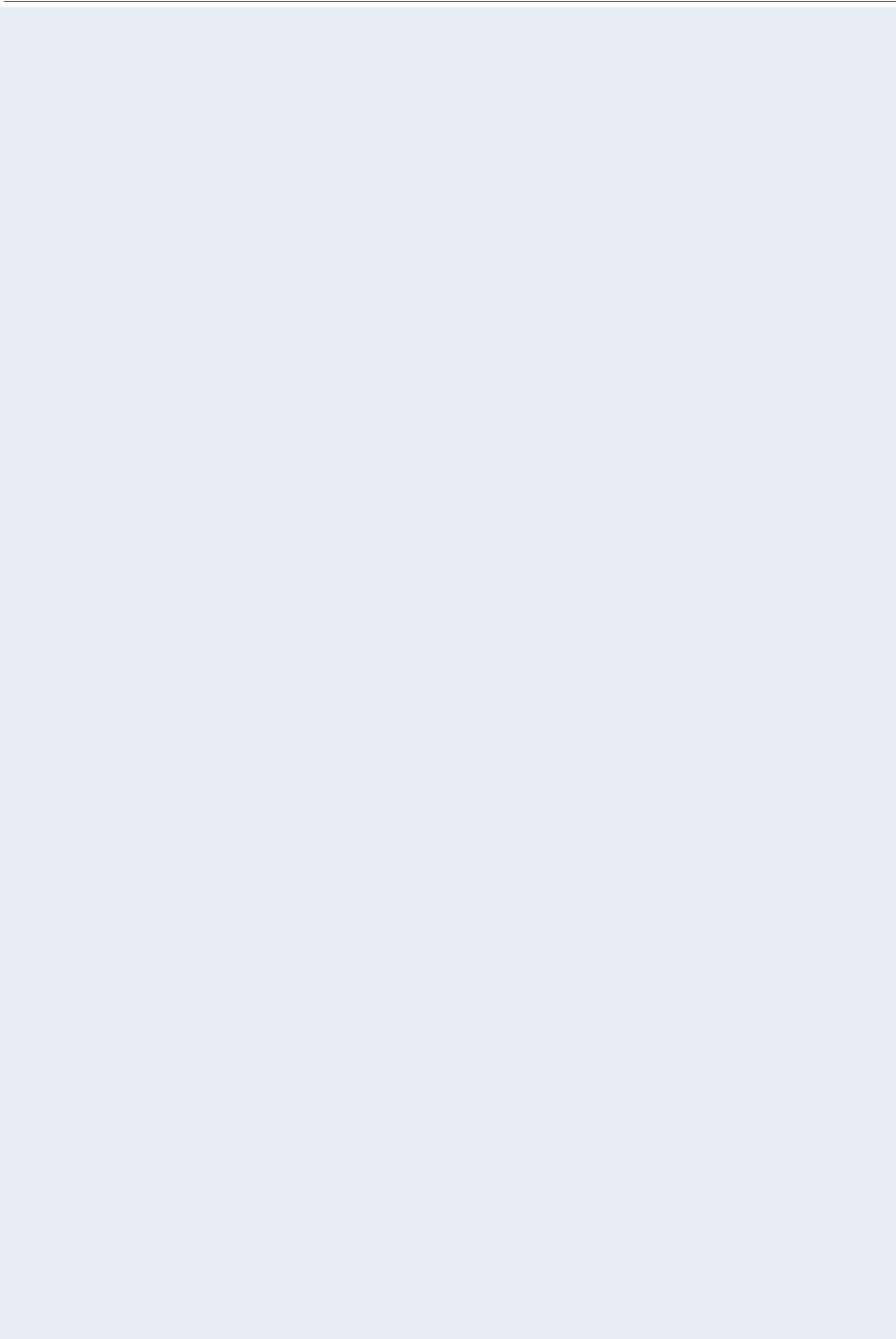
Protestant services

Dec. 24 – 5:30 p.m. and 7 p.m.
Traditional candlelight services (Chapel 1)

Town Hall meetings

Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and Joint Base San Antonio commander, is scheduled to host three Community Town Halls in January to discuss issues currently affecting JBSA. The dates, times and locations for each Town Hall are as follows:

- 6 p.m. Jan. 21 at the Evans Theater JBSA-Fort Sam Houston.
- 6 p.m. Jan. 22 at the Fleenor Auditorium, JBSA-Randolph.
- 6 p.m. Jan. 23 at the Bob Hope Theater, JBSA-Lackland.



Air Force announces programs to reduce size of military, civilian forces

(Editor's Note: This article is a combination of two separate Air Force News Service articles.)

Members of the Joint Base San Antonio Air Force team may see some personnel changes in their organization due to force management programs announced Dec. 11. Air Force leaders said the programs are designed to reduce the force by thousands of Airmen over the next five years as a result of sequestration.

The Air Force may have to cut about 25,000 Airmen over the next five years and also reduce the size of its civilian workforce by about 900 positions. The civilian reduction is in addition to maintaining approximately 7,000 vacancies across the force to meet the demands of a constrained fiscal 2014 budget, officials added.

"While Headquarters Air Force has not released specific numbers per base, this reduction will certainly affect Joint Base San Antonio," said Lt. Col. Erica Rabe, commander of the 802nd Force Support Squadron at JBSA-Lackland.

Fiscal 2014 force management initiatives are in addition to the an-

nouncement made in July, stating the Air Force will implement several force management programs to meet budget reduction requirements.

Air Force leaders made the decision to announce the overall strategic plan now so that Airmen and civilian employees have the necessary time to consider all their career options.

"The difference from years past is that we announced voluntary programs first, then involuntary," said Lt. Gen. Samuel Cox, the deputy chief of staff for manpower, personnel and services. "This year, due to the limited timeframe, we're announcing all programs at once to allow Airmen time to consider their options and ensure their personnel records are up to date."

Several programs will be announced in the coming weeks. Boards will consider an Airman's entire record of performance and will be conducted in accordance with Air Force promotion board standards.

Enlisted only programs

The chief master sergeant retention board will include two phases. During phase one, chiefs in specific specialties

may apply for voluntary retirement in lieu of meeting a retention board. Chiefs with 20 years of total active federal military service from identified overage career fields who do not apply for retirement before the phase one window closes Mar. 15, 2014, will be considered by the board, Cox said.

The quality force review board will look at senior master sergeants and below with a negative quality indicator code. Negative codes include reporting identifiers, grade status reasons, reenlistment eligibility or assignment availability codes. For a complete list of codes, Airmen should visit the MyPers website at <https://mypers.af.mil> once the Personnel Services Delivery Memorandum for this program is released.

Airmen who have declined to obtain retainability for PCS, TDY, retraining/training, deployments or promotion will be looked at under the Date of Separation, or DOS, rollback program.

Voluntary separation pay applies to

Airmen on the active-duty list with more than six years, but no more than 20 years of total active federal military service, and will be offered to enlisted retention board eligible Airmen as a voluntary incentive prior to the retention boards.

The enlisted retention boards will look at senior airmen through senior master sergeants in overage Air Force specialty codes with a date of rank of Jan. 1, 2013 or earlier. Senior NCOs with a minimum of 20 years of total active federal military service by the mandated retirement date will also be considered by the board.

Officer-only programs

Force shaping boards will consider active-duty officers with more than three but less than six years of commissioned service as of Dec. 31, 2014, for separation and will target career fields and year groups based on sustainment levels.

Overages in the officer corps will require the force to conduct an Enhanced

See PROGRAMS P17

Corneal refractive surgery wait times eliminated

By Alex Salinas

Joint Base San Antonio-Randolph Public Affairs

In the past, the corneal refractive eye pre-operation process wait time could take up to 24 months. However, according to an optometry specialist at Joint Base San Antonio-Randolph, that is no longer true.

The procedure, available only to active-duty Airmen at least 21 years of age who require distance vision correction, can now be completed in six to eight weeks at one of seven Air Force refractive surgery centers once paperwork is started, Lt. Col. Judy Rattan, U.S. Air Force Warfighter CRS consultant from the 359th Medical Group, said.

The Air Force offers two types of refractive surgery: laser-assisted in situ keratomileusis and photorefractive keratectomy, or LASIK and PRK.

“CRS reshapes the cornea (the part of the eye that covers the iris, pupil and anterior chamber) to eliminate refractive error using a laser for the purpose of reducing dependency on glasses and lenses,” Rattan said. “It’s a benefit to active-duty members that allows them to become fully mission capable without the encumbrance of glasses, contact lenses or gas mask inserts.”

According to Rattan, this is especially advantageous for aviators and ground troops who experience difficulty wearing flight helmets and night-vision goggles.

For example, the artificial environment of an aircraft at high altitudes can dry pilots’ contact lenses, Rattan said, in which case corrective surgery can eliminate the need for contact lenses.

JBSA-Lackland houses one of the seven centers in the Air Force that perform CRS, which results in “over 99 percent of patients achieving 20/40 vision or better – the legal limit to drive without correction,” Dr. (Lt. Col.) Vasudha Panday, U.S. Air Force consultant for refractive surgery chief and JBSA-Lackland Joint Warfighter Refractive Surgery Center chief, said.

Additionally, more than 95 percent of patients achieve 20/20 vision or better and “the effects of CRS are permanent, although a very small number of patients may need an enhancement or ‘touch up’ at some point in their lives due to variability in healing,” she added.

By Air Force surgical centers using the latest equipment for precise and personalized treatments for CRS, actual procedures take “seconds to minutes,” and only minimal pain in the form of mild discomfort has been reported post-operation for PRK, Rattan said.

To sign up for treatment, members must obtain a refractive surgery application, commander’s authorization, refractive surgery managed-care agreement and refractive surgery checklist. These documents are available at <http://www.refractiveeyesurgery.org>, under “USAF Considerations.” Common access cards are needed to download all necessary paperwork.

Once members get the unit commander’s autho-



Photo by Benjamin Faske

Dr. (Maj.) Richard Townley, 59th Medical Wing ophthalmologist, maneuvers the laser over the eye of Senior Airman Lindsay Antonovich, 59th MDW respiratory therapist, at the Refractive Eye Surgery Clinic Tuesday, at Joint Base San Antonio-Lackland.

rization and complete the application, they should schedule a pre-operative evaluation at their military optometry clinic and remove their contact lenses for at least 14 days prior to the appointment.

After clinical evaluation, the base optometry office provides members with their completed application, which involves a color copy of corneal topography and a co-management agreement form. Members then submit application packages to an aviation and aviation-related special duty or warfighter program manager at a laser center based on their Air Force specialty code.

Individuals are advised by a program manager on what to do next if surgery is approved.

To qualify, Airmen must have six months of retainability from the day of surgery, but realistically

should have at least nine months from the date of application to account for approvals and appointments, Rattan said.

Airmen are non-deployable up to four months after surgery, so if they will be deployed within six months, they must wait and apply when they return.

Disqualifying medical conditions include pregnancy or planning to get pregnant within one year and autoimmune diseases such as psoriasis, Crohn’s Disease, multiple sclerosis, vitiligo and diabetes.

For more information, call the JBSA-Lackland Joint Warfighter Refractive Surgery Center at 292-2010 or visit the U.S. Air Force Refractive Surgery Program website at <http://www.wpafb.af.mil/library/factsheets/factsheet.asp?id=20427>.

PROGRAMS from P15

Selective Early Retirement Board, or ESERB. An ESERB allows the service to consider retirement eligible active-duty officers below the rank of colonel, lieutenant colonels once deferred for promotion, and colonels with two to four years time in grade. By law, the Air Force will select no more than 30 percent for each grade in each competitive category.

Voluntary separation pay will be offered to active-duty officers with six or more years total active federal military service as a voluntary incentive prior to the meeting a board. A reduction in force, or RIF, board will consider regular officers below the grade of lieutenant colonel who have served at least one year of active duty in their current grade, are not on a promotion list, and have six or more years total active commissioned service and less than 18 years of total active federal military service.

Officer and enlisted programs

Officers and enlisted in over-manned career fields with more than 15 but

less than 20 years of service will be eligible for Temporary Early Retirement Authority, or TERA, Phase II. The Air Force will offer TERA in fiscal 2014 with the application window starting in January 2014.

Civilian workforce shaping

The Air Force will implement civilian workforce shaping initiatives, along with continued targeted hiring to comply with mandatory funding targets and to rebalance the civilian workforce to meet skill demands for fiscal 2014 and beyond.

“The Defense Department used administrative furloughs to meet civilian pay budget demands in the compressed time frame between sequestration and the end of the FY13. We will meet a similar budgetary challenge in FY14 through a reduced workforce,” said Brig. Gen. Gina Grosso, the director of force management policy for the Air Force. The general added that the Air Force’s strategy to meet civilian pay budget targets does not include a furlough.

To reduce the number of employees assigned against previously and newly abolished positions, the Air Force plans to maximize the use of Voluntary Early Retirement Authority and Voluntary Separation Incentive Pay to entice employees who are eligible to leave federal service to do so voluntarily.

These programs offer early retirement for employees who are considering life outside of federal service and up to \$25,000 for employees whose voluntary separation would save another employee from being involuntarily separated.

“Over the last couple of years the Air Force has gone through significant civilian pay budget challenges,” Grosso said. “By implementing voluntary programs now we hope to mitigate future involuntary losses to the civilian workforce.”

While the impact to Joint Base San Antonio is uncertain, Rabe said with some certainty that “any time there are force reductions, challenges present themselves in a multitude of areas.

“Being forced to maintain current operations with a lesser number of people can potentially affect sustainability of certain programs, not to mention the overall health and welfare of our Airmen. Joint Base San Antonio is no different,” Rabe added.

“Regardless, our Airmen will continue to excel no matter what challenges they face. However, during this time of fiscal uncertainty, I highly encourage all members to reach out to services available at their military and family readiness centers, their commanders and first sergeants and to take the time to review and update their personnel records.”

The Military and Family Readiness Center at JBSA-Lackland can be reached at 671-3722, while at JBSA-Randolph, call 652-5321 and at JBSA Fort Sam Houston, call 221-2584.

For more information and force management, force shaping, reduction in force, civilian employment and other personnel programs, visit the myPers website at <https://mypers.af.mil>.

To advertise in the Wingspread, call 250-2440.